

# 5.1 Sustain authenticity

**“ Sustain authentic human connections in real life by cultivating creative spaces that deepen trust between diverse groups in communities across Canada, from coast to coast to coast.**

While trust is crucial for strong communities, people need to feel safe, valued, and respected before trust can form naturally. Without trust, addressing social inequities and creating inclusive environments is difficult.

We seek to sustain spaces that cultivate trust between diverse groups across Canada, nurturing environments where real and authentic connections can grow. Guided by wise practices from arts and culture, we support face-to-face trust-building dialogues locally, regionally, and nationally.

Our approach includes small storytelling circles that strengthen safety and healing in local groups. As comfort grows, we co-design larger regional gatherings to enhance awareness, empathy, and collaboration. We also encourage spontaneous interactions that unite diverse communities in meaningful ways. This journey involves slow, thoughtful conversations, culminating in national exchanges that strengthen respect and reciprocity across various divides. Through these efforts, we nurture environments where genuine connections can thrive, promoting inclusivity and understanding throughout Canada.

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